

# Preface

By Suzin Stockton, MA

*Since writing *Beyond Amalgam* in 1998, I have been contacted by many dental patients seeking advice on detoxification. They've wanted to know exactly what products to take and/or procedures to undergo to prepare for cavitation surgery, recover from it and/or to effectively detoxify their bodies of mercury and other metals. Even though my "day job" for a period of over five years had been ghostwriting books on digestion and detoxification for a large supplement manufacturer, I was unwilling to site a specific protocol or recommend specific detoxification products, for I had never found any that I considered completely safe and effective — until I encountered the work of Dr. Paul Yanick late last year. His findings have led me to embrace a whole new – and very sound – paradigm in the realm of nutrition and natural healing. Unlike many practitioners, Dr. Yanick is acutely aware of the connection between oral and systemic health. And he has pioneered innovative and effective technologies for restoring both. The article below gives just a brief glimpse of his profound insights and discoveries.*

## **The Pitfalls of Current Heavy Metal Detoxification Strategies and the Urgent Need for a New Dental Detoxification Protocol**

By Dr. Paul Yanick, Jr., PhD, ND, CNC, CQM

The fundamental role of detoxification is to chelate and excrete heavy metals from the body via the liver's bile duct networks. Over 35 years of empirical evidence reveals that most detoxification strategies fail to fully detoxify dental amalgam toxins due to Deficient Bile Syndrome (DBS) and duodenitis (inflammation of the upper portion of the small intestine where bile and digestive enzymes are released).<sup>1-6</sup> In my own case of chronic nickel and mercury poisoning, all detoxification methods that I tried failed to remove enough metals to restore my health. Diagnosed with a fatal disease induced by these metals, I had to create a form of *synbiotic* (cultured or fermented) nourishment to save my own life and the lives of many patients that were not responding to generally accepted homeopathic, nutraceutical, and herbal or chlorella-based detoxification strategies.

*A deficiency of synbiotic nutrients* (which are composed of friendly probiotic microbes and the prebiotics or food that sustains them) *always precedes heavy metal toxicity*. In consideration of this fact, and weighing the risks vs. potential benefits of detoxification, it may be too simplistic and dangerous to detoxify without first restoring bile production and flow via appropriate synbiotic nutrition. Detoxification methods that fail to restore bile flow might provide a temporary fix in terms of controlling symptoms, but the deeper toxins continue to promote inflammation, which can lead in the long run to many serious disorders.

Scientists draw inspiration from nature to produce "raw food nutrients" on the nanometer scale (miniscule in size in comparison to regular nutrients) with *co-proteins* (proteins bound to other nutrients) and *ligands* (molecules that bind to cell receptors). This enables the sick patient with digestive incompetence to get nourishment thousands of times faster than by eating whole foods or other forms of nutrition, for such nutrients are essentially predigested. These tiny synbiotic nutrients also serve as catalysts that can boost detoxification a billion fold. Their co-protein/ligand format induces cell receptors to become more responsive and carry heavy payloads of toxins out of the body. Synbiotic nutrition gently addresses removal of deep toxins which promote inflammation and can lead to serious conditions such as cancer.

The fermentation process through which synbiotic nutrients are produced harnesses nature's timeless wisdom, linking and aligning nutrature to the right polarities. Co-protein nutrature makes nutrient uptake and utilization vastly more efficient, balancing out the energetics of the body and restoring what I call "quantic harmony" (the "see-saw" principle of yin-yang or positive-negative polarity), which is critical for maintenance of homeostasis (balance) and inflammation control. Automatically, this results in providing the body with sustained levels of healing energy. Uptake of nutrients by cells is impossible without protein "chaperones" that literally escort these nutrients to their cellular destination. The "key" that unlocks the cells' "lock" is the natural ligand and co-protein format of synbiotic nutrature.

This “key” to cellular entry is missing in synthetic USP vitamins (that are not bound to carrier proteins). It is likewise missing in inorganic (non-covalent/ionic) minerals and in other nutraceuticals. When we examine nature’s recipe for nourishment, we find that no nutrient is ever isolated or separated from its companion nutrients or co-factors. All are in co-protein and ligand format.

Making synbiotic nutrients from raw, whole food concentrates wasn’t easy. It required a painstaking four-step design process that allowed ligands and co-proteins to bond to the nutrients at extremely low molecular weights. It took almost a decade of research to find ways to inhibit mold overgrowth (common in cultured and fermented food concentrates) and to stabilize the nutrients so they would have a longer shelf life than fresh foods or powdered chlorella and other superfoods that go moldy only 14 days after being encapsulated. Borrowing further from nature’s design, we eventually solved this problem by discovering a catalyst that formed selenoproteins (selenium-bound proteins) and other mineral-protein formats in covalent bonds (that the body can use, unlike inorganic minerals with an ionic bond). Synbiotic nourishment—bursting with an array of raw, living co-protein and ligand-bound nutrients—turns on the full power of our innate intelligence and re-tunes the body’s polarity to the organizing brilliance of life itself. As an added bonus, this polarity correction turns on the production of bile by liver cells to aid in the proper excretion of heavy metals out of the body, a fact that has been proven by scientists.<sup>8, 10-13</sup>

As the above information indicates, new understandings, which take us back to nature, are reshaping our thinking regarding how heavy metals can be successfully detoxified and excreted out of the body.

## Quantum Medicine™ -Dental Protocol for Human Nutriture & Detoxification\*\*

*“Strictly for Practitioners Only”*

FOOD CONCENTRATES & FERMENT (SYNBIOTIC- FOODGROWN™)	PRIMARY CLINICAL BENEFITS of CLEANSING & NOURISHMENT	Duration & Quantity Required
<i>RejuvaFood-150X™</i> = 5 drops after meals in water	Nourishes cells (human & commensals). Contains super-potent, antioxidant-detoxifying nutrients. Homeopathic-like regulation of quantic harmonic polarities for powerful anti-stress effects**	Continuously taken as a daily multi-nutrient food concentrate. <b>2 bottles</b>
<i>QuantaFood™</i> = ½ tsp after evening meal in 2 oz of water daily	Protein nutriture for optimal detoxification and cell renewal processes**	8 weeks duration <b>3 bottles</b>
<i>QuantaBiotica+™</i> = 2 caps before breakfast daily	Restores commensal cell and commensal cell balance to eliminate microbial competition**	10 weeks duration <b>3 packages</b>
<i>DetoxaHerb™</i> = 2 caps mid-afternoon daily	Supercritical CO2 food concentrates to cleanse the liver’s portal circulation of xenoestrogens, carcinogens and other toxins**	Start 3 weeks after starting <i>RejuvaFood-150X</i> , (take for 3 weeks with <i>ReishiPlex</i> ) <b>2 packages</b>
<i>ReishiPlex™</i> = 4 caps mid-afternoon daily	Liver-spleen-immune specific nourishment**	Start 3 weeks after starting <i>RejuvaFood-150X</i> . (take for 3 weeks with <i>DetoxaHerb</i> ) <b>2 bottles</b>
<b>Hydration/Energy Support (ongoing)</b>	<b>NOTE:</b> Failure to hydrate may severely limit clinical results	
<i>HydraWater™</i> = 1 to 2 liters daily	Cell hydration, quantic harmonic support, and cell communication**	Continuously
<i>Matrix Energizer™</i> = 4 to 8 drops daily	Qantic Harmony, Detox of extracellular matrix, EMF protection**	Continuously

**IT IS IMPORTANT for your Doctor to Follow this Protocol exactly as outlined**

When the duration of each product is completed, take *RejuvaFood-150X™* & *HydraWater™* for daily maintenance

**CAUTION: DO NOT MIX THIS PROTOCOL WITH OTHER NUTRITIONAL PRODUCTS or PRESCRIPTION/OTC DRUGS that block the detoxification and excretion of toxins. Ask your doctor if this protocol is right for you.**

Dr. Yanick is founder and president of the American Academy of Quantum Medicine. He has authored over 300 publications and is a world renowned expert in Quantum Medicine. Visit his website at [www.quantafoods.com](http://www.quantafoods.com). From the home page, you can link to a protocol for general health building and maintenance. Products needed for this protocol may be purchased directly by the lay public. While a dental detoxification protocol is also posted on his site, products for this protocol are only available to or through licensed practitioners. Contact QuantaFoods at 386-663-9062 or e-mail Dr. Yanick at [info@quantafoods.com](mailto:info@quantafoods.com) for more information.

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